

Community Health Needs Assessment Implementation Plan

2019

➤ Wright Memorial Hospital



I. Introduction

Wright Memorial Hospital is a critical access hospital providing Trenton, Missouri, and surrounding counties with essential health care services and local access to Saint Luke's Health System. The 25-bed full-service hospital features 24-hour emergency services, surgical services, and outpatient imaging services, such as MRI, CT, 3-D ultrasound, and 3-D mammography. In addition, the outpatient Specialty Clinic welcomes many specialists, including cardiology, ENT, GI, oncology, orthopedics, podiatry, and more.

Mission: Wright Memorial Hospital is a faith-based, not-for-profit community hospital committed to the highest levels of excellence in providing health care and health related services in a caring environment. As a member of Saint Luke's Health System we are dedicated to enhancing the physical, mental, and spiritual health of the diverse communities we serve.

Vision: The best place to get care. The best place to give care.

II. Purpose of the Implementation Plan

This Implementation Plan addresses the community health needs identified in the 2018 Community Health Needs Assessment (CHNA) prepared for Wright Memorial Hospital. This Plan serves as Wright Memorial Hospital's implementation strategy for meeting those needs including setting the goals and objectives for providing community benefits. The Plan also meets the requirements for community benefit planning as set forth in federal law, including but not limited to The Patient Protection and Affordable Care Act of 2010.

III. How the Implementation Plan Was Developed

This Implementation Plan was developed based on the findings established in the Community Health Needs Assessment (CHNA) prepared for Wright Memorial Hospital, as well as through a review of existing community benefit activities.

IV. Community Health Needs

Wright Memorial Hospital undertook a structured approach to determine health needs including analysis of public health data, interviews with health care professionals, and input from community members. The Community Health Needs Assessment identified four priority health needs:

- Improved Access to Care
- Increased Access to Physical Activity and Nutrition
- Behavioral Health Care
- Smoking Cessation

V. What Wright Memorial Hospital Will Do to Address Priority Needs

1. Improved Access to Care

Because of its all-inclusive nature, health care access is identified as the overarching health need within Wright Memorial Hospital's community.

Wright Memorial Hospital's implementation strategy to increase health care access includes addressing the following:

- *Affordability* (health insurance coverage)
- *Availability* (medical infrastructure or distribution of medical services throughout the community)
- *Awareness* (health medical literacy to make sure people understand basic health information and services needed to make appropriate health decisions)

It is important to note that following the implementation of the Patient Protection and Affordable Care Act (PPACA), Missouri chose not to expand their Medicaid Programs as outlined in the law.

Affordability—Wright Memorial Hospital will continue to accept Missouri Medicaid. Following the implementation of the Patient Protection and Affordable Care Act (PPACA), the state of Missouri chose not to expand their Medicaid Program as outlined in the law. In Missouri, the existing Medicaid eligibility level for non-elderly adults is among the lowest in the country. Under the current Medicaid program, a parent in a three-person household must earn no more than \$3,562 per year to be eligible for coverage. Low-income adults without children are not eligible at any income level.

Saint Luke's Health System will continue to advocate on key health policy issues at the state and national level, including Medicaid reform, access to care, and health care financing for the low-income population.

Availability— Wright Memorial Hospital opened a new facility in 2011. The new hospital facility has allowed WMH to provide expanded services for patients and attract new health care professionals to the community.

Wright Memorial Hospital has worked to connect patients with the region's most respected and highly trained physicians. As a member of Saint Luke's Health System, Wright Memorial Hospital has the ability to connect local patients with a range of highly trained physician specialists. WMH has also recently enhanced access to healthcare services for our community by opening a weekend clinic that provides primary care services on Saturdays and Sundays. Wright Memorial Hospital offers a wide range of services, including:

- Allergy, Asthma, and Immunology
- Cardiology
- Ear, Nose, and Throat
- Emergency Department
- Gastroenterology
- Imaging (Radiology)

- Infusion Therapies
- Maternity
- Nephrology
- Neurology
- Oncology and Hematology
- Ophthalmology
- Podiatry
- Psychiatry
- Pulmonology
- Rehabilitation
- Rheumatology
- Short Term Rehab
- Sleep Disorders
- Surgical Services
- Telemedicine
- Wound Care

Milestone / Sub-Activity	Description	Measures	Start Date	End Date
1	Access to Care			
1.1	Goal: Improve affordability of health care services in Grundy County			
1.1.1	Wright Memorial Hospital will continue to accept Missouri Medicaid and provide assistance in the Medicaid application process when needed.	Policy maintained	1/1/2019	12/31/2021
1.1.2	Saint Luke's Health System will continue to advocate on key health policy issues at the state and national level, including Medicaid reform, access to care, and health care financing for the low-income population.	On-going advocacy	1/1/2019	12/31/2021
1.2	Goal: Improve availability of health care services in Grundy County			
1.2.1	WMH will continue to promote access within local primary care clinics to ensure patients receive appropriate follow up including the establishment of future points of care.	Number of patients served/ follow up policy maintained	1/1/2019	12/31/2021
1.2.2	Continued analysis and consideration of primary care physician recruitment and extended clinic hours based on patient need.	Continued recruitment efforts, clinic hours	1/1/2019	12/31/2021

2. Increased Access to Physical Activity and Nutrition

Adult obesity is becoming an epidemic in the U.S. and increases the risk for countless health conditions. Obesity is an energy imbalance due to a lack of physical activity combined with a poor diet. Obesity can ultimately lead to the following including coronary heart disease, Type 2 diabetes, cancer, hypertension, stroke, gall bladder disorders, respiratory problems, and osteoarthritis.

In recent years, the numbers of both obese and overweight residents have continued to increase in Grundy County. Nearly one-third of adults (32 percent) suffer from obesity in Grundy County. This is higher than both state and national averages.

Wright Memorial Hospital offers nutrition counseling through an on-site dietitian, providing education on nutrition and healthy eating strategies to community members year round. The hospital works to provide healthy meal options for employees, patients, and visitors from the community, and encourages employee participation in weightless and wellness challenges throughout the year.

Wright Memorial Hospital is engaged in several community health programs aimed at addressing obesity. The hospital continues to support community recreational events such as the annual WMH Foundation 10k/5k race. It also works to support recreational organizations such as the Green Hills Recreation Association and the Trenton Parks System.

Going forward, Wright Memorial Hospital will continue to participate in these programs in an effort to improve overall community health including improved access to physical activity and nutrition.

Milestone / Sub-Activity	Description	Measures	Start Date	End Date
2	Access to Physical Activity and Nutrition			
2.1	Goal: Reduce Obesity in Grundy County			
2.1.1	WMH will offer more healthy options in the hospital cafeteria that is utilized by patients, staff, and the general public.	Ongoing initiative. Healthy food options available.	1/1/2019	12/31/2021
2.1.2	WMH will engage stakeholders in wellness efforts aimed at promoting exercise opportunities within the community.	Number of exercise opportunities provided	1/1/2019	12/31/2021
2.1.2	WMH will continue to offer free sports physicals to high school athletes, eliminating barriers to exercise opportunities for community members.	Number of physicals completed	1/1/2019	12/31/2019
2.3	Goal: Reduce food insecurity in Grundy County			
2.3.1	Engage in an annual food drive for community members in need of healthy food	Amount of food collected	1/1/2019	12/31/2021
2.3.2	Screen for food insecurity and refer to local food pantries	Policy maintained/Number of Patients referred	1/1/2019	12/31/2021
2.3.3	Support the local Meals on Wheels program	Support maintained	1/1/2019	12/31/2019
2.3.4	Collaborate with community partners to bring more affordable and healthy food options to Grundy County	Collaboration Maintained	1/1/2019	12/31/2021

3. Behavioral Health Care

Grundy County continues to be above the national benchmark in regard to the number of poor mental health days reported.

Grundy County is significantly lacking in mental health providers for their community compared to the state of Missouri. Mental health providers include psychiatrists, clinical psychologists, clinical social

workers, psychiatric nurse specialists, and marriage/family therapists who meet certain qualifications and certifications.

Trenton residents have access to behavioral health care through Wright Memorial Hospital's eHealth telemedicine program. The mental health team utilized by the telemedicine program has the training and expertise to address issues such as:

- Depression
- Stress
- Life transitions
- Family problems
- Crisis
- Grief and loss
- Mental illness
- Trauma-related issues
- Anxiety/panic disorders
- Dual-diagnosis treatment

Wright Memorial Hospital will continue to offer a range of behavioral health services including specialist and Tele-health services. The hospital will also continue to work with community partners such as The Grundy County Health Department to address this ongoing need.

Milestone / Sub-Activity	Description	Measures	Start Date	End Date
3	Behavioral Health Care			
3.1	Goal: Improve access to behavioral health services in Grundy County			
3.1.1	WMH will continue providing mental health evaluations for patients who present themselves to the Emergency Department with psychological concerns or self-inflicted injuries	Access maintained	1/1/2019	12/31/2021
3.1.2	WMH will continue to screen patients for social determinants of health and connect patients to appropriate community resources that are outside the scope of the hospital's capacity	Number of patients screened	1/1/2019	12/31/2021
3.1.4	WMH will continue to participate in a county-wide taskforce to evaluate needs and make recommendations to appropriate officials regarding needs in the surrounding communities	On-going participation	1/1/2019	12/31/2021
3.1.5	Saint Luke's Health System will continue recruiting efforts for quality psychiatrists in order to expand access to behavioral health services.	On-going recruitment efforts/Number of psychiatrists added	1/1/2019	12/31/2021
3.1.6	Saint Luke's Health System will continue to advocate on key health policy issues at the state and federal levels on issues related to access to behavioral health services.	On-going advocacy	1/1/2019	12/31/2021

4. Smoking Cessation

Smoking remains the leading preventable cause of premature disease and death in the United States. In Grundy County, approximately 24.4 percent of the population self-report currently smoking cigarettes some days or every day. This is higher than the state average of 22.6 percent, and significantly higher than the national average of 17.84 percent.

Wright Memorial Hospital is a non-smoking campus. The hospital supports community efforts to create non-smoking initiatives in public places. Wright Memorial Hospital would like to integrate smoking cessation programs into patient care, and work toward better outcomes for all smoking related diseases.

Milestone / Sub-Activity	Description	Measures	Start Date	End Date
4	Tobacco Cessation			
4.1	Goal: Decrease the amount of tobacco utilizers in Grundy County			
1.1.1	WMH will partner with a local health department to provide tobacco cessation classes.	Number of classes offered	1/1/2019	12/31/2021
1.1.2	WMH will continue to educate patients about tobacco cessation options and benefits.	Number of patients counseled on tobacco cessation	1/1/2019	12/31/2021
1.1.6	Saint Luke's Health System will continue to advocate on key health policy issues at the state and federal levels on issues related to tobacco cessation benefits.	On-going advocacy	1/1/2019	12/31/2021
4.2	Goal: Decrease the amount of tobacco utilizers in Grundy County			
4.2.1	The hospital supports community efforts to increase non-smoking initiatives in public spaces.	On-going advocacy	1/1/2019	12/31/2021
4.2.2	WMH and Saint Luke's Health System will continue to support Tobacco 21 initiatives in the communities that we serve.	Number of municipalities that have passed Tobacco 21 initiatives.	1/1/2019	12/31/2021

VI. Approval

The Wright Memorial Hospital Board of Directors approved this Implementation Plan on November 26, 2018. This implementation plan specifies community health needs that Wright Memorial Hospital has determined to meet in whole or in part and that are consistent with its mission. The Wright Memorial Hospital Board of Directors reviews the Implementation Plan on an annual basis, and reserves the right to amend it as circumstances warrant.

> **Contact us**

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